



The Club Lifting Facial

This firming and lifting facial is the ultimate in anti-ageing and visible rejuvenation that ones skin can achieve without surgery. Utilising the power of the Carita pro-lift machine and distinct massage techniques this treatment gives an instant and profound youthful, firm appearance to the face. This facial includes a specialised deep cleansing procedure and the most luxurious Carita skin care.

Allow 1 hour 20minutes £105

The Club Signature Facial

Every part of this rejuvenating facial promotes youthful looking skin. Lymphatic massage and gentle peeling around the delicate eye area is followed by a soothing collagen treatment to help minimise fine lines.

Including a unique facial massage to help lift and tone the skin. Extracts of horsetail and deepsane are used to promote a plumper, more youthful radiant skin. This treatment will truly benefit anyone with tired, stressed or ageing skin.

Allow 1 hour 20 minutes £95

Ayurvedic Master Facial

Our exclusive rejuvenating 'East-West' facial dynamically initiates the repair and regeneration of skin. Customised for your skin type or condition, unique, natural products integrating advanced anti-ageing science with the proven wisdom of Ayurveda from the East create an amazing vibrant radiant complexion and healthy skin balance. After deep cleansing, exfoliation and an individualised mask treatment, the layering of youthening aromatherapeutic natural ingredients deeply penetrate skin to a level where transformation of renewal begins.

Our Master Facial blends East and West with the integration of a special Indian bowl foot massage, balancing marma energy therapy, to finish a blissful Shirodhara with a scalp and hair treatment using an aromatic herbal infused oil. This magnificent custom facial is excellent for all skin types.

Allow 1 hour 25 minutes £100

Perfect Balance Ayurvedic Facial

Our exclusive rejuvenating facial dynamically initiates the repair and regeneration of cells and is individually created to balance skin conditions. Hand formulated products uniquely integrating advanced science with ageless wisdom of traditional Ayurveda create profound results.

The skin is cleansed and followed with a gentle, yet effective exfoliating treatment, the layering of aromatherapeutic ingredients deeply penetrates to a level where the transformation of renewal begins. This facial encompasses marma point facial and scalp massage followed with an incredible rejuvenating mask and complex. This facial is suitable for all skin types including sensitive.

Allow 50 minutes £65

Pure Skin Facial

A deeply purifying and relaxing treatment. This individually customised facial begins with a deep steam cleanse and peel to reveal a fresher more revitalised skin. Using, natural aromas, the deeply relaxing massage will help to remove impurities, calm and improve tone of skin.

A sumptuously rich mask is applied leaving the skin renewed with a more even complexion. This facial also

includes a relaxing scalp massage and is suitable for normal, dry, sensitive or oily skins.

Allow 55 minutes £65

Club Spa Eye Bright

Our eyes are a much neglected area which requires special attention. One of the first areas we notice the affects of ageing are the eyes and this treatment has been developed to improve and restore vitality and lift. Through gentle soothing ingredients such as corn flour and green tea to soothe and reduce puffiness, followed with lymphatic massage and collagen mask to diminish dark circles and improve elasticity and firmness. This facial treatment comes highly recommended and may be added onto other therapies booked.

Allow 25 minutes £32