



Gentleman's SOS Time

Consider this combination the short cut to a cleansed, polished and relaxed man. The treatment begins with an invigorating body scrub using sea salts, eucalyptus and spearmint, followed with a stress relieving back, neck and shoulder massage. Ideally suited for those with little time to spend on their skin or hectic traveling schedule the SOS face saver, deep cleanses with gentle steam and polish, finishing with a mineral mask to leave the skin sparkling fresh. Those neglected hands will be tidied, buffed and massaged to complete your SOS time.

- Invigorating Body Scrub
- Back, Neck and Shoulder Massage
- SOS Face Treatment
- SOS Hand Treatment

1 hour 50 minutes £120

Gentleman's Spa Tonic

A soothing blend of body exfoliation with warm mineral envelopment will hydrate the skin and relax the muscles while soothing the joints, followed by a full body aromatherapy massage, using essential oils selected for your individual requirements. This will complete your time of renewal.

- Replenishing Mineral Envelopment
- Aromatic Fusion Massage

1 hour 50 minutes £115

Gentleman's Facial

A deeply purifying and soothing face treatment, designed to address the needs of the male complexion. This facial involves cleansing steam to combat congestion and soothing balms to help reduce skin sensitivity. The gentleman's facial includes both facial, head; neck and shoulder massage to reduce stiffness and tension.

55 minutes £65