



### **Half Day Spa Packages**

All half day packages include:

- Complimentary robe and slippers during your treatments
- Use of Salt Pool with hydrotherapy bench
- Sauna and Herbal Steam Room
- Salt Cabin and Experience Shower
- Relaxation lounge

### **Energy Restoring Spa Day**

Using Essential oils to ease away the day's stresses and strains the full body massage will bring your mind and body back into balance. Gentle facial cleansing leaves the skin feeling refreshed and radiant. Your feet will then be treated to our Foot ritual, with cooling mask, nourishing massage and soothing paraffin treatment. Leaving you feeling completely resorted.

- Club Spa Foot Ritual
- Aromatic Fusion Massage
- Refreshing Facial

**Allow 2 hours 30 minutes £155**

### **Peaceful Spa Day**

Craving a little peace and tranquillity your day begins with our Herbal infused Rasul experience where your body will be cleansed and exfoliated with our salts while the Marine Mud soothes aching muscles and nourishes dry skin. The Back, neck and shoulder massage will help to ease tension and will be followed by our Skin Refreshing Facial to cleanse and nourish the skin. To complete this day your hands will be treated to a relaxing massage and file of the nails, colour will be applied, if desired, leaving you fully relaxed and revitalised.

- Rasul Experience
- Back, Neck, Shoulder Massage
- Refreshing Facial
- Mini Manicure

**Allow 2 hours 30 minutes £145**

### **Indulgent Spa Day**

A gentle yet effective body brushing with full body exfoliation using geranium, rose and lavender leaves the body nourished and soft. La stone, a massage using warmed basalt stones and cold stones along with chakra balancing techniques produce an incredible balanced yet energy giving reaction. Our gentle facial refreshes and soothes the skin, leaving you with a sense of peace and tranquillity.

- Body Brushing and Soothing Exfoliation
- Hot Stone Massage
- Skin Refreshing Facial

**2 hours 25 minutes £155**

### **Sumptuous Spa Day (Partners and Friends)**

This day will be shared by the both of you in our double treatment room. Your skin will be cleansed and exfoliated using a blend of sea salt and nourishing oils. After showering off you will both enjoy the relaxation of carefully chosen Aromatherapy oils in this full body massage which will include face and scalp. Thorough facial cleansing and skin peeling will be followed by an application of purifying mask. Leaving your skin feeling fresh and revitalised.

- Body Brushing and Exfoliation
- Aromatherapy Body Massage
- Skin Refreshing Facial with Scalp Massage

**Allow 2 hours £118 per person**

### **Sublime Spa Day (Partners and Friends Spa Day)**

A treat for two which begins with the herbal infused Rasul experience. Together in the privacy of your own chamber you will smooth on the purifying mud to the body and face, relax in the warm steam while the mud soothes the joints and muscles and cleanses the skin before showering off and enjoying the delights of our aromatic fusion body massage which includes face and scalp, side by side - two therapies that work perfectly together.

- Rasul Experience
- 80 minute massage
- Foot Massage (additional option)

**Allow 2 hours 20 minutes £115 per person.** Foot massage addition to this day will make it a 3 hour experience at £145 per person.