HALF-DAY SPA PACKAGES

All half-day packages include:

- Complimentary robe and slippers during your treatments
- Use of Salt Pool with hydrotherapy bench
- Sauna and Herbal Steam Room
- Salt Cabin and Experience Shower
- Relaxation lounge

**Energy Restoring Spa Day**

Using Essential oils to ease away the day’s stresses and strains the full body massage will bring your mind and body back into balance. Gentle facial cleansing leaves the skin feeling refreshed and radiant. Your feet will then be treated to our foot ritual, with cooling mask, nourishing massage and soothing paraffin treatment. Leaving you feeling completely resorted.

- Club Spa Foot Ritual
- Aromatic Fusion Massage
- Refreshing Facial

** Allow 2 hours 30 minutes £163 **

**Peaceful Spa Day**

Craving a little peace and tranquillity your day begins with our Herbal infused Rasul experience where your body will be cleansed and exfoliated with our salts while the Marine Mud soothes aching muscles and nourishes dry skin. The Back, neck and shoulder massage will help to ease tension and will be followed by our Skin Refreshing Facial to cleanse and nourish the skin. To complete this day your hands will be treated to a relaxing massage and file of the nails, colour will be applied, if desired, leaving you fully relaxed and revitalised.

- Rasul Experience
- Back, Neck, Shoulder Massage
- Refreshing Facial
- Mini Manicure

** Allow 2 hours 30 minutes £152 **
Indulgent Spa Day

A gentle yet effective body brushing with full body exfoliation using geranium, rose and lavender leaves the body nourished and soft. La stone, a massage using warmed basalt stones and cold stones along with chakra balancing techniques produce an incredible balanced yet energy giving reaction. Our gentle facial refreshes and soothes the skin, leaving you with a sense of peace and tranquillity.

• Body Brushing and Soothing Exfoliation
• Hot Stone Massage
• Skin Refreshing Facial

2 hours 25 minutes £163

Sumptuous Spa Day (Partners and Friends)

The both of you in our double treatment room will share this day. Your skin will be cleansed and exfoliated using a blend of sea salt and nourishing oils. After showering off you will both enjoy the relaxation of carefully chosen Aromatherapy oils in this full body massage, which will include face and scalp. Thorough facial cleansing and skin peeling will be followed by an application of purifying mask. Leaving your skin feeling fresh and revitalised.

• Body Brushing and Exfoliation
• Aromatherapy Body Massage
• Skin Refreshing Facial with Scalp Message

Allow 2 hours £124 per person
Sublime Spa Day
(Partners and Friends Spa Day)
A treat for two, which begins with the herbal, infused Rasul experience. Together in the privacy of your own chamber you will smooth on the purifying mud to the body and face, relax in the warm steam while the mud soothes the joints and muscles and cleanses the skin before showering off and enjoying the delights of our aromatic fusion body massage which includes face and scalp, side by side - two therapies that work perfectly together.

- Rasul Experience
- 80-minute massage
- Foot Massage (additional option)

Allow 2 hours 20 minutes £115 per person. Foot massage addition to this day will make it a 3-hour experience at £152 per person
FULL DAY SPA PACKAGES

Begin your Spa day with a swim in the salt pool or simply sit and enjoy the hydrotherapy bench before you begin one of our thermal treatments which include the salt cabin, herbal steam, sauna, with the experience shower to revive and invigorate.

You may choose to enter the Rasul room where you will smooth mineral mud over the body and face enjoying the warmth and cleansing - utopia. The Spa lounge beckons with its soft lighting, herbal refreshments and luxurious loungers inviting you to rest and reflect before your therapist escorts you to a private treatment suite.

Full Day Spa Packages

All full day packages include:

• Complimentary robe and slippers for the day
• Use of Salt Pool with hydrotherapy bench
• Sauna and Herbal Steam Room
• Salt Cabin and Experience Shower
• Spa Lunch and Refreshments
• Relaxation lounge

Cleansing Spa Day

A day of gentle cleansing and purifying will begin with full body brushing and exfoliating with sea salt and seaweed combined. The skin is then ready to absorb the rich stimulating algae and essential oils, which will be applied to the body in a warm envelopment. A mineral hair treatment with tension relieving massage is then administered (wonderful for tension headaches and stiff necks).

Full body massage using lemon and juniper with lymphatic drainage techniques to reinforce the elimination of toxins is next on the list. Gentle facial steaming and thorough cleansing makes this an experience, which will leave the skin glowing with lift and radiance. To complete the detoxifying effects of this day a combination pedicure and Tibetan foot massage; deep cleansing exfoliation, and removal of dry skin from the feet will be followed with a stimulating active mask completed by the grounding effect of foot massage which will leave you feeling purified and glowing!
• Sea Salt and Seaweed Exfoliation
• Radiance Facial
• Club Spa Foot Treatment
• Pure Detox Envelopment
• Aromatic Fusion Body Massage

3 hours 50 minutes £262

Recovery Spa Day

This series of therapies promises you released tension, peace of mind and a good night’s sleep. Ayurvedic herbs and oils will be selected on the day to suit your individual constitutional needs. Warm clay and herbs are smoothed over the body to purify and exfoliate; warm herbal oil is then poured over the entire body before enveloping you in a warm heat, while marma point facial and cleansing massage is carried out. To still the mind and soothe the central nervous system a continuous flow of sesame oil is passed over the forehead (third eye) continuing with marma point scalp massage and herbal hair treatment. To complete this day of ultimate stress relief a full body massage with warm ayurvedic oil - your body will thank you!

• Warm Herbal Envelopment
• Shirodhara Oil Therapy
• Balancing Full Body Massage
• Perfect Balance Facial

2 hours 50 minutes £221
Joyful Spa Day

Your day will begin with a mineral salt glow to refresh and remove dry skin, preparing the skin for the rich replenishing envelopment, a truly warming and tension reducing envelopment. Our signature basalt balance hot stone massage will leave you in a state of true physical and mental calm! The pure skin facial promises to get your skin back on track, awakening tired sluggish skin, leaving it radiant, fresh and clean.

- Club Mineral Salt Glow
- The Replenishing Envelopment
- Hot Stone Massage
- Pure Skin Facial

3 hours 20 minutes £240
MUD RASUL EXPERIENCE

Rasul Experience
This is a must experience! Perfect to share with a friend or partner. The private and beautiful chamber has a domed roof covered in stars. Your therapist will prepare the finest Rasul mud for you to take into your seated chamber leaving you to lavish mud over the face and body. Known for its healing properties the Rasul mud will improve skin texture, detoxify and soothe leaving the skin incredibly soft and renewed. Soft music will lull you as the gentle jets of steam open the pores allowing the mud to work at a deeply therapeutic level.

*We highly recommend this treatment prior to massage.*

*45 minutes is required for the rasul experience.*

**Cost £65 for two people sharing, £45 for one. Maybe include chocolate rasul?**
TIME FOR MEN

Gentleman’s SOS Time

Consider this combination the short cut to a cleansed, polished and relaxed man. The treatment begins with an invigorating body scrub using sea salts, eucalyptus and spearmint, followed with a stress relieving back, neck and shoulder massage. Ideally suited for those with little time to spend on their skin or hectic traveling schedule the SOS face saver, deep cleanses with gentle steam and polish, finishing with a mineral mask to leave the skin sparkling fresh. Those neglected hands will be tidied, buffed and massaged to complete your SOS time.

- Invigorating Body Scrub
- Back, Neck and Shoulder Massage
- SOS Face Treatment
- SOS Hand Treatment

1 hour 50 minutes £126

Gentleman’s Spa Tonic

A soothing blend of body exfoliation with warm mineral envelopment will hydrate the skin and relax the muscles while soothing the joints, followed by a full body aromatherapy massage, using essential oils selected for your individual requirements. This will complete your time of renewal.

- Replenishing Mineral Envelopment
- Aromatic Fusion Massage

1 hour 50 minutes £121
Gentleman’s Facial

A deeply purifying and soothing face treatment, designed to address the needs of the male complexion. This facial involves cleansing steam to combat congestion and soothing balms to help reduce skin sensitivity. The gentleman’s facial includes both facial, head; neck and shoulder massage to reduce stiffness and tension.

55 minutes £68

De-stress Muscle Massage

This all over body massage is designed to work on stiff, tight and fatigued muscles and joints after sports or a day of physical stress and strain. Deep tissue techniques are used to warm the muscles while manipulations and stretching help to ease the body and release tension.

Allow 55 minutes £72
AYUVEDIC THERAPIES

Ayurveda is a Sanskrit word that means “The Science of Life”. Originating in India more than 5,000 years ago, it is considered to be the oldest healing science. All the following treatments begin with a consultation to determine your specifiedosha (Vata, Pitta, and Kapha). Treatments are about bringing the body back to balance, its natural state, and perfect health.

Pronunciation of Ayurvedic Therapies

- Ayurvedic pronounced -I-YUR-VA-DA
- Shirodhara pronounced -SHEAR-A-DARA (Third eye warm oil pour)

Shankara Bliss

This is the ultimate Ayurvedic body treatment. Beginning with dry brushing to remove dead surface cells, a nourishing, aromatic herbal paste is applied before the body is wrapped in a warm envelopment. While rejuvenating nutrients are penetrating the skin, a special Ayurvedic foot massage with a three metal bowl balances energies in the body. Following a face and scalp massage, the wrap is removed and the body mask is exfoliated off. A luxurious, oil application follows. Completing the experience is a mini shirodara with scalp and hair treatment and a soothing head and face marma energy balancing treatment. This ultimate experience in totality rejuvenates the body and lifts the mind to a blissful state.

Allow 1 hour 50 minutes £147
Shankara Experience
The shankara experience is a highly therapeutic, stimulating and detoxifying full body massage. Dosha-specific nourishing oils are used to support emotional and skin type balance beginning with Tibetan ayurvedic foot treatment. The treatment includes a shirodhara oil pour to still the mind and soothe the central nervous system. To complete the treatment a head, scalp and facial marma point massage is applied.

Allow 1 hour 20 minutes £103

Shankara Envelopment
On the day of treatment one of three luxurious envelopments will be chosen specifically for your constitutional needs. Stimulating for Kapha, cooling for Pitta, and nourishing for Vata. Each treatment will incorporate lavishly applied Ayurvedic herbs all over the body to dry-brushed skin. The body is enveloped in warmth and during this time a facial cleanse, exfoliation and marma point massage is performed. When the envelopment is removed a specific oil application massage is administered to rebalance the body.

Allow 1 hour 20 minutes £116
Like the five points of a star, the feet, hands and head are centres of intense energy. This therapy begins with

Shankara Eastern Star
focus on the feet and hands, massaging with invigorating ayurvedic oils. The Shankara Eastern Star is complete by focus to the head. This is done by administering a mini-shirodhara, head massage and hair treatment. When the star is complete, one feels deeply relaxed, yet revitalised and radiantly shining.

Allow 50 minutes £71
Ayurvedic Master Facial
Our exclusive rejuvenating ‘East-West’ facial dynamically initiates the repair and regeneration of skin. Customised for your skin type or condition, unique, natural products integrating advanced anti ageing science with the proven wisdom of Ayurveda from the East create an amazing vibrant radiant complexion and healthy skin balance. After deep cleansing, exfoliation and an individualised mask treatment, the layering of youthening aromatherapeutic natural ingredients deeply penetrate skin to a level where transformation of renewal begins.

Our Master Facial blends East and West with the integration of a special Indian bowl foot massage, balancing marma energy therapy, to finish a blissful Shirodhara with a scalp and hair treatment using an aromatic herbal infused oil. This magnificent custom facial is excellent for all skin types.

Allow 1 hour 25 minutes £105

Perfect Balance Ayurvedic Facial
Our exclusive rejuvenating facial dynamically initiates the repair and regeneration of cells and is individually created to balance skin conditions. Hand formulated products uniquely integrating advanced science with ageless wisdom of traditional Ayurveda create profound results. The skin is cleansed and followed with a gentle, yet effective exfoliating treatment, the layering of aromatherapeutic ingredients deeply penetrates to a level where the transformation of renewal begins. This facial encompasses marma point facial and scalp massage followed with an incredible rejuvenating mask and complex. This facial is suitable for all skin types including sensitive.
MOTHER TO BE

Mother-to-be treat
A wonderful combination of relaxing and beautifying the treat begins with our soothing pregnancy back neck and shoulder massage to ease stress and tension before we begin the harmonising facial which includes gentle cleanse and exfoliation, soothing massage to the face and scalp and the application of balancing mask ideal for sensitive or hormonal skin. While the mask is on a wonderful leg and foot massage is performed using cooling and de-puffing lotion to revitalize and improve circulation to this often tired and heavy area.

Recommended from 14 weeks on.

Allow 55 minutes £68

Pregnancy Facial
Using rose, sandalwood and camomile this facial helps to soothe and comfort. This very delicate facial will leave you glowing as every woman should be at this important time of hormonal change. A facial cleanse is followed by a gentle exfoliation to brighten the skin. Specific oils are then used to massage the face and scalp. A soothing facial mask is applied and a deeply relaxing lower leg and foot massage administered to super relax mum and reduce fluid retention and puffiness.

(Suitable for any time during pregnancy)

Allow 55 minutes £68
**Pregnancy Indulgence**

This Experience is specially designed for the mother-to-be. Treat yourself to the total bliss and relaxation your body deserves. You will begin with a soothing back neck and shoulder massage, which is carried out in the seated position for your comfort. Our harmonizing facial is performed which includes cleansing, exfoliation and soothing face and scalp massage, while you relax with your balancing face mask your therapist will perform a luxurious hand and arm massage along with gentle massage to the abdomen. The physical stresses and strains on your legs and feet will be eased away with our deeply relaxing club spa pedicure where your feet will be soaked and exfoliated, cuticles and nails tidied before a super leg and foot massage using cooling de puffing lotion prior to a warm envelopment of nourishing paraffin wax. The treatment will finish with your choice of nail enamel being applied.

*Recommended from 14 weeks on.*

*Allow 1 hour 55 minutes £113*

**Pregnancy Massage**

Enjoy this well deserved massage as your body is soothed and pampered with our Nourishing Rose Oil. This massage is designed to answer the developing need of the mother and baby to give you the nurturing treatment you both deserve. Helping to ease aches and pains along with ‘that heavy feeling’ the massage begins with the back neck and shoulder massage in a seated position before moving to the comfort of the couch where the legs, feet, arms, abdomen, head and neck will be massaged.

*Recommended from 14 weeks on.*

*Allow 55 minutes £68*
Couples/Friends Rituals

Share side-by-side treatments or packages - ideal for couples, friends & mother-daughters.

Rasul Experience

This is a must experience! Perfect to share with a friend or partner. The private and beautiful chamber has domed roof covered in stars. Your therapist will prepare the finest Rasul mud for you to take into your seated chamber leaving you to lavish mud over the face and body. Known for its healing properties the Rasul mud will improve skin texture, detoxify and soothe leaving the skin incredibly soft and renewed. Soft music will lull you as the gentle jets of steam open the pores allowing the mud to work at a deeply therapeutic level.

*We highly recommend this treatment prior to massage.*

45 minutes is required for the Rasul experience.

Cost £65 for two people sharing.

Sumptuous Spa Day (Partners & Friends)

The both of you in our double treatment room will share this day. Your skin will be cleansed and exfoliated using a blend of sea salt and nourishing oils. After showering off you will both enjoy the relaxation of carefully chosen Aromatherapy oils in this full body massage, which will include face and scalp. Thorough facial cleansing and skin peeling will be followed by an application of purifying mask. Leaving your skin feeling fresh and revitalised.

- Body Brushing and Exfoliation
- Aromatherapy Body Massage
- Skin Refreshing Facial with Scalp Message

Allow 2 hours £124 per person
Sublime Spa Day
(Partners and Friends Spa Day)
A treat for two, which begins with the herbal, infused Rasul experience. Together in the privacy of your own chamber you will smooth on the purifying mud to the body and face, relax in the warm steam while the mud soothes the joints and muscles and cleanses the skin before showering off and enjoying the delights of our aromatic fusion body massage which includes face and scalp, side by side - two therapies that work perfectly together.

- Rasul Experience
- 80-minute massage
- Foot Massage (additional option)

Allow 2 hours 20 minutes £115 per person.
Foot massage addition to this day will make it a 3-hour experience at £152 per person.

The Club Signature Minerale Envelopment
This extensive body envelopment is unique to the Club spa. Beginning with exfoliation using semi-precious stone extract the body is massaged smooth to eliminate toxins and stimulate the skin. The exclusive envelopment of clay, semi-precious stone extract and precious oils is lavished over the body to harmonise, correct imperfections and regenerate. While the body recharges we perform the anti-ageing eye treatment, with lymphatic eye massage and collagen mask to restore vitality. A light shower and softening oil massage completes this incredible signature treatment. Semi-precious stone extract of Rhodochrosite, Malachite and Smithsonite.

Allow 1 hour 20 minutes £100 per person
Club Style Mineral Salt Glow
A light skin brushing to gently exfoliate the body is followed by the application of an incredible blend of sea salts infused with seaweed and spirulina to deep cleanse the body removing dry skin. To complete this experience the body is soothed with a rich marine lotion.
Allow 25 minutes £34 per person

Aromatic Fusion
(Relax, De-stress, Revive, Support, Renew)
Ease away the day’s stresses and strains and bring body and mind back into balance. This massage fuses the best of practices from East and West. Carefully applied pressures stimulate the nervous system while Swedish and neuromuscular massage techniques support a healthy circulation and soothe the body. Uses individually selected oils. This massage also includes face and scalp.
Allow 55 minutes £68 per person

De-stress Muscle Massage
This all over body massage is designed to work on stiff, tight and fatigued muscles and joints after sports or a day of physical stress and strain. Deep tissue techniques are used to warm the muscles while manipulations and stretching help to ease the body and release tension.
Allow 55 minutes £72 per person
Pure Skin Facial
A deeply purifying and relaxing treatment. This individually customised facial begins with a deep steam cleanse and peel to reveal a fresher more revitalised skin. Using, natural aromas, the deeply relaxing massage will help to remove impurities, calm and improve tone of skin. A sumptuously rich mask is applied leaving the skin renewed with a more even complexion. This facial also includes a relaxing scalp massage and is suitable for normal, dry, sensitive or oily skins.

Allow 55 minutes £68 per person
CLUB AND SPA BODY TREATMENTS

The Club Signature Minerale Envelopment

This extensive body envelopment is unique to the Club spa. Beginning with exfoliation using semi-precious stone extract the body is massaged smooth to eliminate toxins and stimulate the skin. The exclusive envelopment of clay, semi-precious stone extract and precious oils is lavished over the body to harmonise, correct imperfections and regenerate. While the body recharges we perform the anti-ageing eye treatment, with lymphatic eye massage and collagen mask to restore vitality. A light shower and softening oil massage completes this incredible signature treatment. Semi-precious stone extract of Rhodochrosite, Malachite and Smithsonite.

Allow 1 hour 20 minutes £100

The Replenishing Envelopment

Put back lost minerals and moisture into the skin with the Replenishing envelopment. Body brushing and mineral salt exfoliation prepare for the nourishing application of warm clay rich in precious oils. As you luxuriate in the warm wrap a soothing scalp and facial pressure point massage is administered before you rinse and complete the treatment with our re-hydrating mineral body cream.

Allow 55 Minutes £68

Pure Detox Envelopment

This original marine algae wrap is rich in minerals and vitamins. The treatment activates circulation helping with the drainage of excess fluid allowing the body to detoxify itself. Preparing the skin with dry body brushing and salt exfoliation, a gel activator is applied before the warm alga envelopes you. A detoxifying facial and scalp massage is performed using purifying oils whilst you are cocooned. An application of toning emulsion is then applied to complete this detox treatment.

Allow 55 minutes £68

Club Style Mineral Salt Glow

A light skin brushing to gently exfoliate the body is followed by the application of an incredible blend of sea salts infused with seaweed and spirulina to deep cleanse the body removing dry skin. To complete this experience the body is soothed with a rich marine lotion.

Allow 25 minutes £34
MASSAGE RITUALS

Basalt Hot Stone Massage
Hot rocks and massage! Feel the energy from the hot stones while enjoying a deeply relaxing massage. Warmed oils add to the benefit of this incredible treatment.

1 hour 20 minutes £103

Aromatic Fusion
(Relax, De-stress, Revive, Support, Renew)
Ease away the day’s stresses and strains and bring body and mind back into balance. This massage fuses the best of practices from East and West. Carefully applied pressures stimulate the nervous system while Swedish and neuromuscular massage techniques support a healthy circulation and soothe the body. Uses individually selected oils. This massage also includes face and scalp.

Allow 55 minutes £68

De-stress Muscle Massage
This all over body massage is designed to work on stiff, tight and fatigued muscles and joints after sports or a day of physical stress and strain. Deep tissue techniques are used to warm the muscles while manipulations and stretching help to ease the body and release tension.

Allow 55 minutes £72
CLUB AND SPA FACE TREATMENTS

The Club Signature Facial

Every part of this rejuvenating facial promotes youthful looking skin. Lymphatic massage and gentle peeling around the delicate eye area is followed by a soothing collagen treatment to help minimise fine lines. Including a unique facial massage to help lift and tone the skin. Extracts of horsetail and deepsane are used to promote a plumper, more youthful radiant skin. This treatment will truly benefit anyone with tired, stressed or ageing skin.

Allow 1 hour 20 minutes £101

Ayurvedic Master Facial

Our exclusive rejuvenating ‘East-West’ facial dynamically initiates the repair and regeneration of skin. Customised for your skin type or condition, unique, natural products integrating advanced anti-ageing science with the proven wisdom of Ayurveda from the East create an amazing vibrant radiant complexion and healthy skin balance. After deep cleansing, exfoliation and an individualised mask treatment, the layering of youthening aromatherapeutic natural ingredients deeply penetrate skin to a level where transformation of renewal begins.

Our Master Facial blends East and West with the integration of a special Indian bowl foot massage, balancing marma energy therapy, to finish a blissful Shirodhara with a scalp and hair treatment using an aromatic herbal infused oil. This magnificent custom facial is excellent for all skin types.

Allow 1 hour 25 minutes £105

Perfect Balance Ayurvedic Facial

Our exclusive rejuvenating facial dynamically initiates the repair and regeneration of cells and is individually created to balance skin conditions. Hand formulated products uniquely integrating advanced science with ageless wisdom of traditional Ayurveda create profound results.

The skin is cleansed and followed with a gentle, yet effective exfoliating treatment, the layering of aromatherapeutic ingredients deeply penetrates to a level where the transformation of renewal begins. This facial encompasses marma point facial and scalp massage followed with an incredible rejuvenating mask and complex. This facial is suitable for all skin types including sensitive.

Allow 50 minutes £68

Pure Skin Facial

A deeply purifying and relaxing treatment. This individually customised facial begins with a deep steam cleanse and peel to reveal a fresher more revitalised skin. Using, natural aromas, the deeply relaxing massage will help to remove impurities, calm and improve tone of skin. A sumptuously rich mask is applied leaving the skin renewed with a more even complexion. This facial also includes a relaxing scalp massage and is suitable for normal, dry, sensitive or oily skins.

Allow 55 minutes £68
Club Spa Eye Bright

Our eyes are a much-neglected area, which requires special attention. One of the first areas we notice the affects of ageing are the eyes and this treatment has been developed to improve and restore vitality and lift. Through gentle soothing ingredients such as corn flour and green tea to soothe and reduce puffiness, followed with lymphatic massage and collagen mask to diminish dark circles and improve elasticity and firmness. This facial treatment comes highly recommended and may be added onto other therapies booked.

Allow 25 minutes £34
ALTERNATIVE THERAPIES

**Reflexology**
Reflex points located on the feet directly correspond to specific areas and organs of the body. Manual stimulation of those reflex points help unblock, balance and assist with the body’s natural healing ability.

50 minutes £62

**Indian Head Massage**
A non-invasive form of healing and relaxation. Harmonising the body’s natural balance, promoting physical and physiological well being. Reduces muscular and nervous tension, improving circulation and leaves a feeling of peace and calm. This treatment, which is administered on top of clothing, involves the upper back, shoulders, and head.

45 minutes £58
THE CLUB’S NAIL RITUALS

Club Spa Foot Ritual
No ordinary foot ritual. We have combined the beautifying aspects of a pedicure and fused them with Tibetan foot massage. The feet are bathed and cleansed; a cooling and exfoliating mask is smoothed over the feet and calves while we take care of the nails and cuticles. Once bathed, the feet are enveloped in a rich and nourishing paraffin wax and warm booties-bliss. The final part of this unique treat is the Tibetan foot massage with Majista foot oil, rich in carrot, neem and wheat germ, which is also antibacterial.

Allow 55 minutes £53

Club Spa Manicure
To prepare the hands this treatment begins with gentle exfoliation. Cuticle work and nail shaping to groom follow with a luxurious hand and arm massage before an envelopment of paraffin wax and heated mitts are administered. The Club Spa Manicure is completed with nail enamel if so desired.

Allow 50 minutes £48

Deluxe GELeration Gel Manicure
Cuticle work and nail shaping to groom in preparation for the Jessica GELeration gel polish and application finished with a luxurious hand and arm massage.

Allow 60 minutes £46
Deluxe GELeration Pedicure
The feet are bathed and cleansed followed by exfoliation and removal of dry skin on the feet. Cuticle work and nail shaping to groom in preparation for the Jessica GELeration gel polish application and finished with a luxurious leg and foot massage.

Allow 60 minutes £52

GELeration Refresh Manicure
A coat of GEleration gel polish is applied over your existing gel polish to infill growth and refresh your colour to make it last even longer. The refresh manicure is then completed with a luxurious hand and arm massage.

Allow 30 minutes £25

GELeration Removal and Re-Application
Removal of existing and re-application

Allow 60 minutes £35

GELeration Removal
Removal of existing GELeration

Allow 25 minutes £10
FINISHING TOUCHES

Eyelash & Brow Tinting (24 patch test required)
- Eyebrow Tint £9
- Eyelash Tint £17
- Eyelash and Eyebrow Tint £22
- Eye Lash Tinting and Brow Shape (allow 30 minutes) £27

Waxing Services
- Half Leg Wax (allow 25 minutes) £22
- Full Leg Wax (allow 45 minutes) £43
- Bikini Wax (allow 15 minutes) £16
- Underarm Wax (allow 15 minutes) £13
- Chest or Back Wax (allow 25 minutes) £27
- Eyebrow or Chin Wax (allow 15 minutes) £16
- Lip Wax (allow 15 minutes) £15